

Vegan chili voor 2p

Ingredients	Amount	How crucial is this? (1-5) 5 being crucial	Optional Garnish	
Olive oil	2 spoons	5	Sour cream	1 spoon on top
Onion (red)	0.5	5	Creme fraishe	1 spoon on top
chili powder	1 spoon	5	Grated cheese	2 pinches on top
Tomatoes	3-4 orso (1 can with juice)	5	Avocado	0.5 divided over the whole dish
Black beans (kidney)	1 can	5		
brown beans (bruin of capucijners)	0.5 can	5	Tortilla chips	Either dip it or 1 hand crumbled on top
Garlic	2 cloves	4		
Bell pepper	1	4		
Oregano	0.5 teaspoon	4		
Carrots	1	3		
Salt	1/4 pinch	3		
Cumin	1 teaspoons	3		
vegatable broth (dried is fine)	1 cups (0.5 block of dried)	3		
bayleaf	1	2		
Cilantro (Koriander)	1 spoon	2		
Corn	0.5 can	1		
Vinegar or limejuice (depends on taste)	1 teaspoon	1		